Probing the inner wind of AGB stars: Interferometric observations of SiO millimetre line emission from the oxygen-rich stars R Dor and L² Pup

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Abstract. High angular resolution Australia Telescope Compact Array (ATCA) observations of SiO 'thermal' millimetre line emission towards the two oxygen-rich, low mass loss rate AGB stars R Dor and L² Pup are presented. In both cases the emission is resolved with an overall spherical symmetry. Detailed radiative transfer modelling of the SiO line emission has been performed, and the comparison between observations and models are conducted in the visibility plane, maximizing the sensitivity. The excitation analysis suggests that the abundance of SiO is as high as 4×10^{-5} in the inner part of the wind, close to the predicted values from stellar atmosphere models. Beyond a radius of $\approx 1 \times 10^{15}$ cm the SiO abundance is significantly lower, about 3×10^{-6} , until it decreases strongly at a radius of about 3×10^{15} cm. This is consistent with a scenario where SiO first freezes out onto dust grains, and then eventually becomes photodissociated by the interstellar UV-radiation field. In these low expansion velocity sources the turbulent broadening of the lines plays an important role in the line formation. Micro-turbulent velocity widths in the range 1.1-1.5 km s⁻¹ result in a very good reproduction of the observed line shapes even if the gas expansion velocity is kept constant. This, combined with the fact that the SiO and CO lines are well fitted using the same gas expansion velocity (to within 5-10%), suggest that the envelope acceleration occurs close to the stellar photosphere, within $\lesssim 20-30$ stellar radii.

Key words. Stars: AGB and post-AGB - Stars: carbon - Stars: late-type - Stars: mass-loss

1. Introduction

The intense winds that low to intermediate mass stars develop in their final evolutionary stage, as they ascend the asymptotic giant branch (AGB), return enriched stellar material to the interstellar medium. In addition to significantly contributing to the chemical evolution of galaxies, the mass loss will dictate the time scale for the future evolution of the star towards the planetary nebula phase. Considering its importance little is known with certainty about the mechanism(s) behind the mass loss. Partly this is due to a lack of observational constraints, in particular close to the stellar photosphere where the wind is accelerated, and partly due to the complexity of the physical/chemical processes involved. Among other things, the formation of dust grains is thought to play an important role in these radiatively driven winds. Most of the informa-

tion on this region comes from observations of infrared rovibrational molecular lines in absorption, mainly towards the carbon star IRC+10216 (e.g., Keady & Ridgway 1993; Winters et al. 2000a), infrared continuum emission from the circumstellar dust (e.g., Danchi et al. 1994), and SiO maser radio line emission from excited vibrational states (e.g., Cotton et al. 2004).

Information can also be gained from radio observations of suitable circumstellar molecular species towards stars having low to intermediate mass loss rates. A major survey of CO radio line emission from circumstellar envelopes (CSEs) around oxygen-rich AGB stars of different variability types were done by Kerschbaum & Olofsson (1999) and Olofsson et al. (2002). These data were modelled in detail to derive stellar mass loss rates and terminal gas expansion velocities (Olofsson et al. 2002). Subsequently, a survey of 'thermal' SiO radio line emission, meaning emission from the ground vibrational state rotational lines which are normally not (strongly) maser-

ing, was done and the data were interpreted using a detailed numerical radiative transfer modelling presented in González Delgado et al. (2003).

An immediate conclusion from these large surveys is that the SiO and CO radio line profiles are different from each other. The SiO line profiles are narrower in the sense that the main fraction of the emission comes from a velocity range smaller by about 10 - 20% than twice the expansion velocity determined from the CO data. On the other hand, the SiO line profiles have weak wings, such that the total velocity width of its emission is very similar to that of the CO emission. Furthermore, it appears that the SiO line profiles change character with the mass loss rate, at low mass loss rates they are narrow with weak extended wings, while at high mass loss rates they become distinctly triangular. These 'peculiar' SiO line profiles have been interpreted as being due to the influence of gas acceleration in the region which produces most of the SiO line emission (Bujarrabal et al. 1986). However, as illustrated in González Delgado et al. (2003), the SiO lines are usually strongly self-absorbed also for low mass loss rate objects and this produces narrower lines. There is some controversy in the literature over the scale length of the acceleration region. In the only previously published works where thermal SiO emission have been observed towards AGB stars using interferometry, Sahai & Bieging (1993) find no need for the slowly varying velocity fields introduced by Lucas et al. (1992).

Other conclusions come from the detailed radiative transfer modelling of the SiO line data. This is in many respects a more difficult enterprise than the CO line modelling. The SiO line emission predominantly comes from a region closer to the star than does the CO line emission, and this is a region where we have fewer observational constraints. The SiO excitation is also normally far from thermal equilibrium with the gas kinetic temperature, and radiative excitation plays a major role. Finally, there exists no detailed chemical model for calculating the radial SiO abundance distribution. González Delgado et al. (2003) adopted the assumption that the gas-phase SiO abundance stays high only very close to the star, since further out the SiO molecules are adsorbed onto the grains. Beyond this the abundance stays low until the molecules are eventually dissociated by the interstellar UV radiation. This photodissociation radius, which is crucial to the modelling, was estimated using both SiO multi-line modelling and existing interferometer data (Lucas et al. 1992; Sahai & Bieging 1993), but only for a few sources. The result of the radiative transfer modelling is a circumstellar SiO abundance that is roughly the same as that obtained from stellar atmosphere equilibrium chemistry for low mass loss rate objects, and which declines with mass loss rate reaching an abundance about two orders of magnitude lower for high mass loss rate objects.

Thus, there are strong indications that 'thermal' SiO radio line emission is a useful probe of the formation and evolution of dust grains in a CSE, as well as of its dynamics. Hence, circumstellar SiO line emission potentially

carries information on the properties of the region where the mass loss of AGB stars is initiated.

Presented here are results from high spatial resolution imaging of the two M-type semiregular AGB stars R Dor and L² Pup. Both sources studied have low mass loss rates ($\dot{M} \lesssim 1 \times 10^{-7}~\rm M_{\odot}~\rm yr^{-1}$) and low terminal velocities of their winds ($\lesssim 6~\rm km\,s^{-1}$). It has been suggested from hydrodynamical calculations (Winters et al. 2000b, 2002, 2003) that the main driving mechanism behind these tenuous winds is stellar pulsation and that dust plays only a secondary role.

The observations, performed with the Australia Telescope Compact Array¹ (ATCA), are presented in Sect. 2. ATCA is an array of six 22 m dishes operating from 1.4-26 GHz and with an upgrade to 85-105 GHz operation in progress. Its location makes it a unique instrument to study molecular-line sources in the southern hemisphere at high angular resolution, and we have recently used it to conduct a study of circumstellar HCN emission from the carbon star R Scl (Wong et al. 2004). The analysis in Sect. 3 and comparison with envelope models in Sect. 4 are carried out in the uv-plane in order to maximize the sensitivity and resolution of the data. The modelling is followed by a discussion in Sect. 5 and conclusions are presented in Sect. 6.

2. Observations and data reduction

At the time of the observations, the ATCA had three antennas of 22 m diameter equipped with dual polarisation 3-mm receivers covering the bands 84.9-87.3 and 88.5-91.3 GHz. We observed R Dor and L² Pup between August and October 2003 in three different array configurations: EW367 (baselines of 45, 90, and 135 m), 750B (60, 165, and 225 m), and H214 (75, 135, and 210 m). EW367 and 750B provided east-west baselines whereas H214 provided north-south baselines. The observations in each configuration occurred on single nights. The combined visibility plane coverage is shown in Fig. 1.

All observations were conducted in clear to partly cloudy weather, with above-atmosphere single-sideband system temperatures of $T_{\rm sys}^*\approx 350\text{--}500~{\rm K}$ near the zenith. The correlator was configured to receive both linear polarisations in two frequency windows: a narrowband (spectral line) window centred on the 'thermal' SiO $v=0, J=2 \to 1$ line at 86.847 GHz with 128 channels across 32 MHz, and a wideband window centred on the 'maser' SiO $v=1, J=2 \to 1$ line at 86.243 GHz with 32 channels across 128 MHz. The pointing and phase centre was at $\alpha_{2000}=04^{\rm h}36^{\rm m}45^{\rm s}.67, \, \delta_{2000}=-62^{\circ}04'37''.9$ for R Dor and at $\alpha_{2000}=07^{\rm h}13^{\rm m}32^{\rm s}.31, \, \delta_{2000}=-44^{\circ}38'24''.1$ for L² Pup. The field of view is determined by the ATCA primary beam which has a FWHM of about 36" at 86 GHz.

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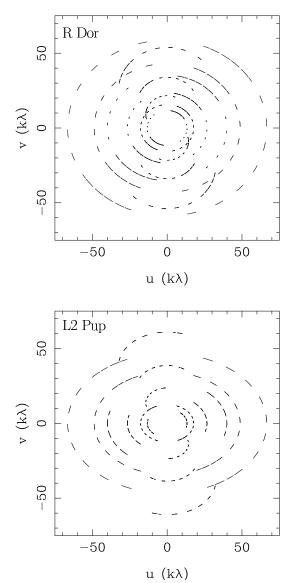


Fig. 1. Coverage of the visibility plane for R Dor and L^2 Pup obtained after combining the three ATCA configurations used (EW367, 750B, and H214).

As an initial step in the reduction of the 750B and H214 data, an elevation-dependent gain curve was applied based on observations of an SiO maser taken on 2003 Sep 4. No such gain curve was available for the earlier EW367 observation. Gain calibration as a function of time was then performed by assuming the SiO maser emission comes from a point source located at the phase centre. Since the maser emission is known to emanate from a region only a few AU in radius (e.g., Cotton et al. 2004), this is a reasonable assumption for our resolution of a few arcseconds (1 AU = 20 milliarcseconds at the distance of our nearest source, R Dor). To derive the amplitude gains we also assumed that the integrated SiO maser flux was constant throughout each observation. We found that the variation in the gain was generally dominated by an uncorrected gain-elevation dependence, limiting any intrinsic flux variation to $\lesssim 10\%$.

The amplitude and phase gains were transferred from the maser to the spectral line window after applying scaling factors determined from a half-hour integration on the bandpass calibrator (3C279 or PKS B1921-293), which was also used to determine the channel-dependent gains. In the case of L² Pup, the transfer of the phase gains could not be performed successfully because of an inconsistency in the frequency setup between the source and bandpass calibrator; consequently we have applied phase self-calibration to the thermal SiO emission from this source assuming that it is circularly symmetric. For an interferometer the astrometry is determined by the quality of the phase calibration. For R Dor the phase errors were $\sim 5^\circ$ and one would expect the position error to be about 0.1" for a 100 m baseline.

Uranus was used to set the flux scale, assuming a uniform disk with brightness temperature of 134 K. However, for the EW367 array, where the Uranus observation occurred in poor weather, the flux scale was tied to that of the 750B observation by assuming the SiO maser fluxes from both sources were unchanged over the 17-day gap between the observations. Assuming that any actual flux variations for the two sources were uncorrelated, the derived gains suggest an uncertainty in the flux scale for this configuration of $\approx 30\%$. We also adjusted the antenna pointing once an hour on the SiO masers; typical pointing shifts were $\approx 5''$.

All data processing was conducted using the MIRIAD package (Sault et al. 1995). The calibrated visibilities were Fourier transformed using uniform weighting and a 0".5 pixel size with a channel spacing of 1 km s⁻¹ (roughly the effective velocity resolution given the original channel spacing of 0.25 MHz $\approx 0.8 \text{ km s}^{-1}$). The maps were then CLEANed (Högbom 1974) down to a 2σ level over the inner $20'' \times 20''$.

The actual analysis and comparison with the model will be carried out in the uv-plane to maximize the sensitivity and resolution of the data. Thus we expect to obtain usable information on scales as low as 1'', corresponding to the longest baselines.

3. Observational results

3.1. R Dor

The SiO $v=0, J=2 \rightarrow 1$ velocity channel maps of R Dor, binned into 2 km s⁻¹ channels, are shown in Fig. 2. The synthesised beam is 2".6 × 2".0 with a position angle of -56° and the RMS noise in the 1 km s⁻¹ velocity channel maps is $\sigma=30$ mJy beam⁻¹, as estimated from regions free of source emission. The signal-to-noise ratio is high with the peak emission reaching a level of about 300σ .

The velocity channel maps suggest that the SiO $v=0, J=2 \rightarrow 1$ emission towards R Dor is moderately resolved, a result which is confirmed by the visibility analysis (see below). The brightness distribution appears to have an overall circular symmetry. From fitting two-dimensional Gaussian brightness distributions to the in-

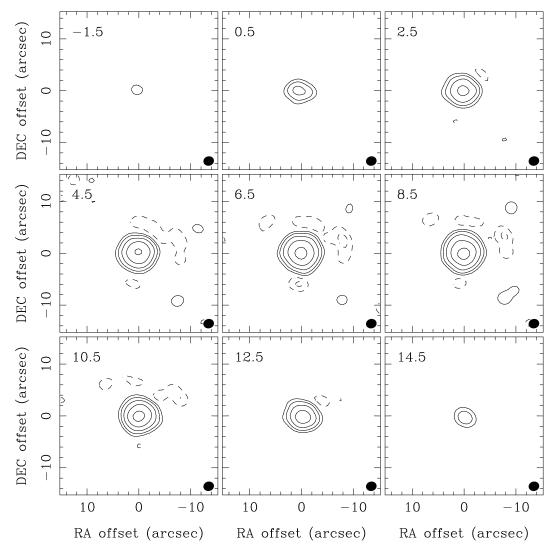


Fig. 2. Velocity channel maps of SiO $v=0, J=2\to 1$ emission from R Dor. The contour levels are 0.03n Jy beam⁻¹, where n=-9,-3,3,9,27,81,243 (negative values have dashed contours), and the beam size is $2''.6\times 2''.0$ with a position angle of -56° as indicated in the lower right hand corner of each panel. The velocity channels (given in the LSR frame and indicated in the upper left corner) have been binned to 2 km s^{-1} . The systemic velocity is 7 km s^{-1} as determined from CO observations. Offsets in position are relative to $\alpha_{2000}=04^{\text{h}}36^{\text{m}}45^{\text{s}}67, \,\delta_{2000}=-62^{\circ}04'37''.9$.

dividual channel maps, it is concluded that no systematic variations in position with velocity are present. The individual offsets are smaller than 0".1, within the pointing uncertainty (Sect. 2), confirming the adopted source position. Across the peak of the line profile, from $6-8~{\rm km\,s^{-1}}$ (LSR), the average values of the major and minor axes are 3".3 and 3".7 (FWHM), respectively. The beam has not been deconvolved from these values.

As interferometers lacks sensitivity to large scale emission it is of interest to find out whether part of the emission is resolved out in the ATCA data. In Fig. 3 the ATCA SiO data has been restored with a 57" circular beam (solid line; this represents the beam of the Swedish-ESO Submillimetre Telescope, SEST). A comparison with the equivalent SEST spectrum from González Delgado et al. (2003) (histogram) shows a striking resemblance both with regard to the peak flux (\approx 20 Jy) and the overall line

shape. This strongly suggests that all the flux is recovered by the ATCA interferometer, at least within the 57" SEST beam, and that virtually all of the SiO emission comes from the central component. The SEST spectrum has been converted from main beam brightness temperature scale to Jy using

$$S = \eta_{\rm mb} \Gamma^{-1} T_{\rm mb},\tag{1}$$

where the main-beam efficiency $\eta_{\rm mb} = 0.75$ and the sensitivity $\Gamma^{-1} = 25 \text{ Jy K}^{-1}$. The telescope parameters are taken from the SEST homepage².

Assuming that the emission has an overall spherical symmetry, circularly symmetric Gaussians have been fitted fitted to the visibilities. Given the higher sensitivity in the uv-plane there appears to be a systematic

www.ls.eso.org/lasilla/Telescopes/SEST/SEST.html

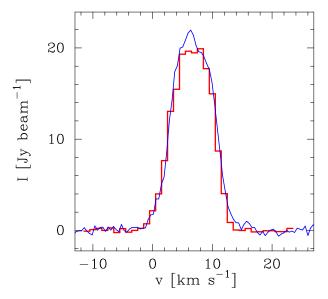


Fig. 3. SiO $v=0, J=2 \rightarrow 1$ spectra for R Dor. The solid line is the SEST single dish observation (González Delgado et al. 2003), whereas the histogram shows the spectrum at the phase centre derived from the ATCA data by restoring with the SEST beam of 57".

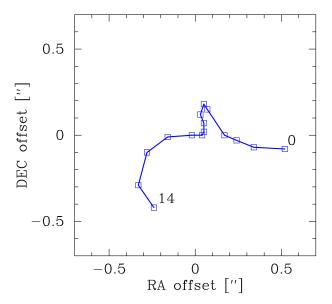


Fig. 4. Offset from the phase centre of the velocity channels as determined from fitting circular Gaussians to the R Dor data in the uv-plane. Indicated are the velocities of the two extreme channels (0 and 14 km s^{-1}) for which reliable fits could be obtained.

trend with velocity as shown in Fig. 4. The largest offsets are measured at the extreme velocities, i.e., the blueand redshifted emissions are displaced from each other. Lindqvist et al. (2000), when analysing several molecular line emissions from the high mass loss rate carbon star CIT 6, also noted that there was a common trend in position with velocity. A reasonable explanation for this behaviour is that the CSE is asymmetric to some degree, perhaps a

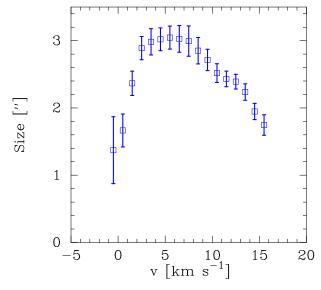


Fig. 5. Size (FWHM) of the observed SiO emission toward R Dor as function of velocity channel (given in LSR frame), averaged in 1 km s⁻¹ bins, as estimated from Gaussian fits to the azimuthally averaged visibility data.

bipolar outflow, but the present angular resolution is not enough to make this apparent in the channel maps, Fig. 2.

The resulting FWHM of Gaussians fitted to the azimuthally averaged visibilities are plotted in Fig. 5. The overall variation in size with line-of-sight velocity is as expected for a well resolved expanding envelope, where gas moving orthogonal to the line of sight subtends a larger solid angle than radially moving gas near the extreme velocities. The largest angular extent of the emission is $3.0' \pm 0.2'$ in the velocity range $6 - 8 \text{ km s}^{-1}$ (LSR). This corresponds to a radial size of 1.0×10^{15} cm at the distance of 45 pc. We note that a single Gaussian provides a reasonable fit to the visibilities on all baselines except those close to the systemic velocity at 7 km s^{-1} (LSR). Introducing an offset in the flux scale, representing an unresolved additional component, significantly improves the fit at those velocities. In Sect. 4.3 it is shown that the visiblilities obtained for this source are best fitted using two components: one compact with high a SiO abundance and one more extended with a significantly lower abundance.

3.2. L² Pup

The SiO $v=0, J=2 \rightarrow 1$ velocity channel maps of L² Pup, binned into 2 km s^{-1} channels, are shown in Fig. 6. The synthesised beam is 2.5×1.9 with a position angle of 14° and the RMS noise in the 1 km s^{-1} velocity channel maps is $\sigma=40 \text{ mJy beam}^{-1}$, as estimated from regions free of source emission. The signal-to-noise ratio is high with the peak emission reaching a level of about 60σ .

As expected from the single-dish modelling performed by González Delgado et al. (2003) L² Pup has a smaller envelope than R Dor. Since we had to self-calibrate the data in phase for this object, we have assumed that the

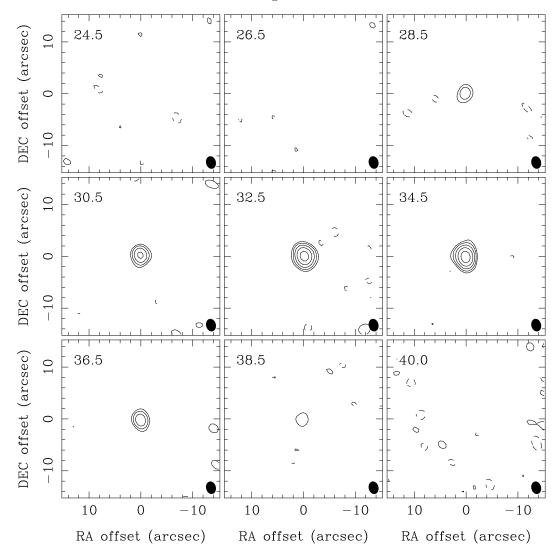


Fig. 6. Velocity channel maps of SiO $v=0, J=2 \to 1$ emission from L² Pup. The contour levels are 0.04n Jy beam⁻¹, where n=-2,2,4,8,16,32 (negative values have dashed contours), and the beam size is $2''.5 \times 1''.9$ with a position angle of 14° as indicated in the lower right hand corner of each panel.. The velocity channels (given in the LSR frame and indicated in the upper left corner) have been binned to 2 km s^{-1} . The systemic velocity is 33 km s^{-1} as determined from CO observations. Offsets in position are relative to $\alpha_{2000} = 07^{\text{h}}13^{\text{m}}32^{\text{s}}.31, \delta_{2000} = -44^{\circ}38'24''.1$.

source distribution is symmetric and centred on the stellar position. Across the peak of the line profile, from 33 to 35 km s⁻¹ (LSR), the average values of the major and minor axes are 2".9 and 2".2 (FWHM), respectively (note that the beam has not been deconvolved from these values).

In Fig. 7 the ATCA SiO data for L² Pup has been restored with a 57" circular beam (solid line), representing the SEST beam. A comparison with the equivalent SEST spectrum of González Delgado et al. (2003) (histogram; converted from main beam brightness temperature scale to Jy using Eq. 1) shows a striking resemblance both with regard to the peak flux (≈ 3 Jy) and the overall line shape. As for R Dor this strongly suggests that all the flux is recovered by the ATCA interferometer, and that all of the SiO emission comes from the central compact component.

The result of fitting Gaussians to the azimuthally averaged visibilities is presented in Fig. 8. The variation in size

is also here consistent with a resolved expanding envelope. The largest angular extent of the emission is $1\rlap.{''}6\pm0\rlap.{''}1$ in the velocity range $33-35~{\rm km\,s^{-1}}$ (LSR). This corresponds to a radial size of $1.0\times10^{15}~{\rm cm}$ at the distance of 85 pc. Contrary to R Dor, a Gaussian gives a reasonably good description of the visibilities on all baselines and for all velocity channels.

4. Radiative transfer modelling

A detailed non-LTE radiative transfer code, based on the Monte Carlo method (Bernes 1979), is used to perform the excitation analysis and model the observed circumstellar line emission. The code is described in detail in Schöier & Olofsson (2001) and has been benchmarked, to high accuracy, against a wide variety of molecular line radiative transfer codes in van Zadelhoff et al. (2002).

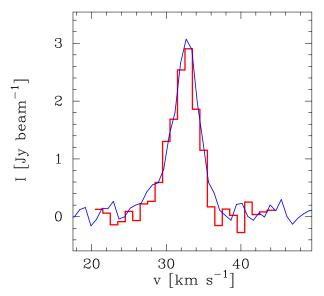


Fig. 7. SiO $v=0, J=2 \rightarrow 1$ spectra for L² Pup. The solid line is the SEST single dish observation (González Delgado et al. 2003), whereas the histogram shows the spectrum at the phase centre derived from the ATCA data by restoring with the SEST beam of 57".

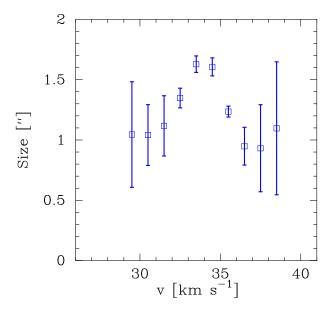


Fig. 8. Size (FWHM) of the observed SiO emission toward L² Pup as function of velocity channel (given in LSR frame), averaged in 1 km s⁻¹ bins, as estimated from Gaussian fits to the azimuthally averaged visibility data.

4.1. The physical structure of the CSE

The CSEs are assumed to be spherically symmetric and to expand at constant velocity, and they are produced by constant mass loss rates. Both R Dor and L² Pup were included in the large survey of semiregular M-type AGB-variables by Kerschbaum & Olofsson (1999). Their overall wind properties such as mass loss rate, terminal expansion velocity and temperature structure as constrained by single-dish CO millimetre line emission were presented in

Olofsson et al. (2002), where also a more detailed description of the circumstellar model is given.

Olofsson et al. (2002) noted that the CO lines for L^2 Pup are better reproduced when adopting a higher value of $1.0~{\rm km\,s^{-1}}$ for the turbulent velocity than the nominal value of $0.5~{\rm km\,s^{-1}}$. Further support for a larger turbulent velocity are the SiO line wings that are commonly observed in the low expansion velocity sources such as R Dor and L^2 Pup (González Delgado et al. 2003). Therefore, in the present analysis the turbulent velocity width is used as a free parameter.

Olofsson et al. (2002) calculated the kinetic temperature distribution including, e.g., CO line cooling. Here we add cooling by H₂O since this may be of importance in the region where the SiO line emission is produced (González Delgado et al. 2003). The importance of H₂O as a coolant in the inner wind was also noted by Zubko & Elitzur (2000) in their study of W Hya. In order to be consistent we have therefore produced new circumstellar models for also the CO line emission. The inclusion of H₂O line cooling lowers the temperature significantly (from 15-40%) in the inner part $(r \lesssim 1 \times 10^{15} \text{ cm})$ of the envelope, but has only a little effect on the mass loss rate derived from CO observations. More details on how the H₂O line cooling is treated, and its effect on CO and SiO line intensities, are given in Olofsson et al. (2002) and González Delgado et al. (2003). As an example, we note that excluding H₂O line cooling increases the predicted SiO line intensities in our best fit model for R Dor (presented in Sect. 4.3) by 10-15% for the $J=5\to 4$ and $J=6 \rightarrow 5$ SEST observations as well as the $J=2 \rightarrow 1$ interferometric ATCA observations. These are the data most sensitive to the physical and chemical conditions prevailing in the inner wind. For comparison, the predicted SEST $J=2 \rightarrow 1$ and $J=3 \rightarrow 2$ line intensities only increase by a few %.

We find that the molecular line emission is better reproduced (in particular that of SiO) using a turbulent width of 1.1 km s^{-1} for L² Pup and 1.5 km s^{-1} for R Dor. Adopting a larger turbulent width means that the expansion velocity needs to be lowered somewhat in order to still provide good fits to the line widths. For for L² Pup an expansion velocity of 2.1 km s⁻¹ was found and for R Dor $5.3 \,\mathrm{km}\,\mathrm{s}^{-1}$. These values are about 20% lower than those presented in González Delgado et al. (2003) where a much lower microturbulent velocity of 0.5 km s⁻¹ was adopted. Changing the prescription of the velocity field, and in particular the turbulent velocity, changes the excitation conditions and somewhat different mass loss rates are obtained. For L^2 Pup a mass loss rate of 2.7×10^{-8} $M_{\odot} \text{ yr}^{-1}$ is found to provide a very good fit using an hparameter of 0.05 typical of low mass loss rate objects. The h-parameter contain much of the properties of the dust, such as size and density of individual grains and the dust-to-gas ratio, and enters in the heating term in the energy balance equation which is solved self-consistently in the excitation analysis (see Schöier & Olofsson 2001 for a more elaborate explanation of the h-parameter). For

Table 1. Source parameters obtained from modelling CO millimetre line emission.

Source		L_{\star}^{a} [L $_{\odot}$]	~	\dot{M} [M $_{\odot}$ yr $^{-1}$]	h	v_{∞} $ \mathrm{km} $	$\begin{bmatrix} v_{\rm t} \\ {\rm s}^{-1} \end{bmatrix}$
R Dor	45	4000	2090	1.2×10^{-7}	0.05	5.3	1.5
L^2 Pup	85	4000	2690	2.7×10^{-8}	0.05	2.1	1.1

^a From Olofsson et al. (2002)

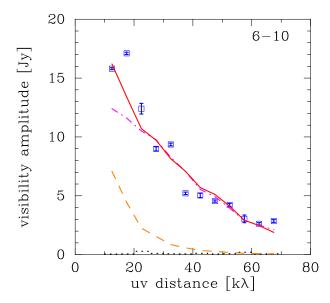


Fig. 9. Azimuthally averaged visibility amplitudes, in 5 kλ bins, across the peak of the line profile $(6-10 \text{ km s}^{-1} \text{ in the LSR frame})$ for R Dor. The error bars indicate the 2σ statistical error and does not contain the calibration uncertainty of about 15%. The solid line indicates the best fit model $(X_0 = 4 \times 10^{-5}; r_c = 1.2 \times 10^{15} \text{ cm}; X_D = 3 \times 10^{-6}; r_e = 3.3 \times 10^{15} \text{ cm})$, the dashed line the best fit model from González Delgado et al. (2003) $(X_0 = 5 \times 10^{-6}; r_e = 3.3 \times 10^{15} \text{ cm})$, and the dashed-dotted line the best fit model without freeze-out $(X_0 = 5.5 \times 10^{-5}; r_e = 1.0 \times 10^{15} \text{ cm})$. The dotted histogram indicates the zero-expectation level, i.e., when no source emission is present.

R Dor a mass loss rate of $1.2\times10^{-7}~\rm{M_{\odot}\,yr^{-1}}$ is obtained with an *h*-parameter of 0.05.

The resulting envelope parameters are summarized in Table 1. The distances adopted are from Olofsson et al. (2002) and are based on the assumption that the stellar luminosity is 4000 L_{\odot} . For a discussion on this in relation to the measured Hipparcos distances, see Olofsson et al. (2002).

4.2. SiO model

The excitation analysis includes radiative excitation through the first vibrationally excited

state. Relevant molecular data are summarized in González Delgado et al. (2003).

The abundance distribution of the circumstellar SiO is of importance in the radiative transfer modelling, and it is determined by two processes, dust condensation and photo dissociation, as the gas expands away from the star. As outlined in more detail in González Delgado et al. (2003), the abundance is expected to decline, from the stellar atmosphere equilibrium chemistry value, once condensation of SiO onto dust becomes efficient when the kinetic temperature drops below the condensation temperature. This requires a minimum density which is not obtained in the low mass loss rate objects. For the higher mass loss rates the abundance declines drastically until the condensation ceases to be effective. Eventually, photodissociation sets in and this limits the size of the SiO envelope. Thus, to a first approximation the SiO abundance distribution consists of two components, a compact high abundance region close to the star, and a more extended low abundance region. The former dominates for low mass loss rates and the latter for high mass loss rates. González Delgado et al. (2003) used only one component and its size was estimated from a formula obtained by fitting multi-line SiO data for eleven stars.

In order to investigate which SiO abundance distribution that best reproduces the flux picked up by the interferometer, the same (u,v) sampling was applied to the predicted brightness distribution from the model envelope. Two types of abundance profiles were used (by abundance we here mean the fractional abundance of SiO with respect to H_2): i) a simple Gaussian abundance profile with an inner abundance X_0 and an e-folding distance r_e and ii) a Gaussian profile with a depleted abundance X_0 and an e-folding distance r_e , and an added high abundance inner component X_0 introduced as a step function inside a radius r_c . This provides a first approximation to the scenario outlined above where a combination of adsorption of SiO onto dust grains and photodissociation dictate the abundance profile.

4.3. R Dor

The SiO abundance distribution González Delgado et al. (2003) ($X_0 =$ 5×10^{-6} ; $r_{\rm e} = 3.3 \times 10^{15}$ cm) fails to explain the observed visibilities on all baselines, see the dashed line in Fig. 9. This indicates that the abundance is higher in the inner part of the envelope than what is given by the model. It should however be pointed out that the analysis of González Delgado et al. (2003) is based on a size formula for the SiO envelope which is obtained through multi-line fitting of data for eleven stars. A better fit is obtained for $X_0 = 5.5 \times 10^{-5}$ and $r_{\rm e} = 1.0 \times 10^{15}$ cm (dash-dotted line), but all the flux is not recovered on the shortest baselines using this model. Also, the fit to the single-dish data is worse. Instead, a combination of a high abundance compact component and a low abundance more

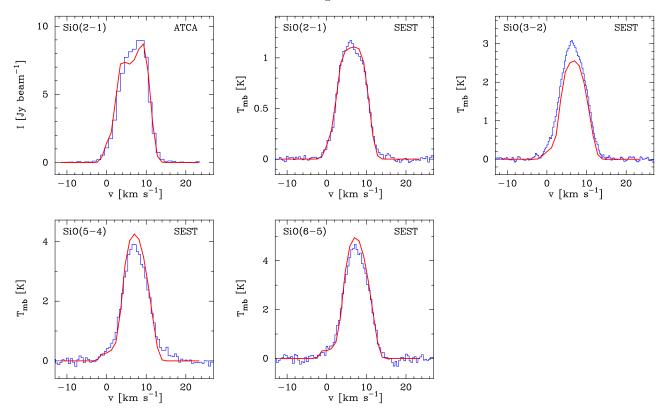


Fig. 10. Best fit model (solid line) overlayed on observations (histograms) in the form of single-dish SEST data (González Delgado et al. 2003) as well as the spectrum at the centre pixel in the cleaned ATCA map for R Dor. The velocity scale is given in the LSR frame. The calibration uncertainty in the single-dish data is about $\pm 20\%$.

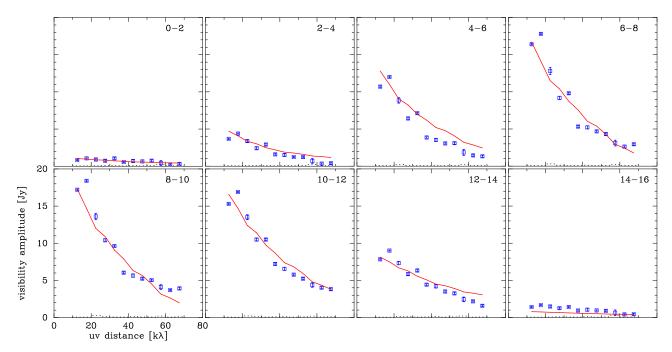


Fig. 11. Azimuthally averaged visibility amplitudes, in 5 k λ bins, across various parts of the line profile (as indicated in the upper right hand corner in km s⁻¹ given in the LSR frame) for R Dor. The error bars indicate the 2σ statistical error and does not contain the calibration uncertainty of about 15%. The solid line represents the best fit model using a constant expansion velocity. The dotted histogram indicates the zero-expectation level, i.e., when no source emission is present.

extended component $(X_0 = 4 \times 10^{-5}; r_c = 1.2 \times 10^{15} \text{ cm}; X_D = 3 \times 10^{-6}; r_e = 3.3 \times 10^{15} \text{ cm})$ provides a very good fit to the interferometer data (solid line), and at the same time to the single-dish data as seen in Fig. 10.

Of considerable interest is to investigate the assumption made in our models of a constant velocity throughout the SiO line emitting region. The observed line profiles are best fitted using a somewhat lower expansion velocity of 4.9 km s⁻¹ than obtained from the CO analysis (5.3 km s⁻¹). This suggests that the wind has already been accelerated to within 5-10% of its terminal value at radial distances of $\approx 1\times 10^{15}$ cm (≈ 30 stellar radii). In Fig. 11 the model predictions are compared with the observations in eight velocity intervals. The model can account for the trend that the gradient in flux with baseline decreases towards the line wings. To test the sensitivity of the SiO line emission to the adopted velocity law a velocity gradient appropriate for a dust driven wind (e.g., Habing et al. 1994)

$$v(r) = \sqrt{v_{\rm i}^2 + (v_{\infty}^2 - v_{\rm i}^2)(1 - \frac{r_{\rm i}}{r})}$$
 (2)

was first assumed. The ratio of the terminal wind velocity $v_{\infty}=5.3~{\rm km\,s^{-1}}$ to the velocity $v_{\rm i}$ at the inner radius $r_{\rm i}=1\times10^{14}~{\rm cm}$ was fixed to 0.25. This velocity law provides a good fit to the line width of all available SiO and CO single-dish spectra. It was found that this velocity law only changes the results very marginally and provides an equally good fit to the observed visibilities as does a constant velocity field. Models for pulsation driven winds (Winters et al. 2000b, 2002, 2003) generally suggest a more slowly increasing velocity with radius. A velocity law having a constant velocity of 5.3 km s⁻¹ outside 30 stellar radii ($\approx 1.4\times10^{15}~{\rm cm}$) and

$$v(r) = 5.3 \left(\frac{r}{1.4 \times 10^{15} \text{cm}}\right)^{0.5} \text{ km s}^{-1}$$
 (3)

inside this region approximates such a slow increase. It provides equally good fits to the observations. The reason that no significant difference is observed is related to the fact that the SiO $v=0, J=2 \rightarrow 1$ emission is optically thick. Thus, the emission emanates from a small region close to $r_{\rm e}$ over which no large velocity gradient exist.

A point worth mentioning is that the relatively high turbulent velocity of $1.5~{\rm km\,s^{-1}}$ obtained for R Dor, as required to fit the line shapes for both the CO and SiO line emission, also significantly affects the excitation of, in particular, the lower rotational levels. In the modelling it was found that the nominal value of $0.5~{\rm km\,s^{-1}}$ used by González Delgado et al. (2003) results in population inversions in the lower level transitions of SiO, i.e., maser action. The line profiles in that case have strong peaks at the extreme velocities which is not observed. The higher turbulent velocity helps to quench the maser emission and produces line profiles that very closely resembles the observed ones, Fig. 10.

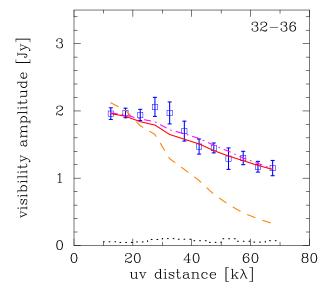


Fig. 12. Averaged visibility amplitudes, in 5 kλ bins, across the peak of the line profile $(32-36 \text{ km s}^{-1} \text{ in the LSR frame})$ for L² Pup. The error bars indicate the 2σ statistical error and does not contain the calibration uncertainty of about 15%. The solid line indicates the best fit model $(X_0=6\times10^{-5}; r_c=8\times10^{14} \text{ cm}; X_D=2\times10^{-6}; r_e=2.1\times10^{15} \text{ cm})$, the dashed line the best fit model from González Delgado et al. (2003) $(X_0=1.4\times10^{-5}; r_e=2.1\times10^{15} \text{ cm})$, and the dashed-dotted line the best fit model without freeze-out $(X_0=5\times10^{-5}; r_e=1.1\times10^{15} \text{ cm})$. The dotted histogram indicates the zero-expectation level, i.e., when no source emission is present.

4.4. L² Pup

 L^2 Pup has a significantly lower (a factor of ≈ 4) mass loss rate than R Dor. However, the expansion velocity of the wind is also a factor of two lower resulting in only a factor of about two lower density in the wind. Thus, the SiO envelope characteristics should be rather similar for the two sources.

The SiO abundance distribution used González Delgado et al. (2003) $(X_0 = 1.4 \times 10^{-5})$; $r_{\rm e} = 2.1 \times 10^{15}$ cm) does not provide a good fit to the observed visibilities as illustrated by the dashed line in Fig. 12. While the model can account for the total flux, as indicated by the shortest baselines, it fails to account for all the flux at the longer baselines. This again indicates that the abundance is higher in the inner part of the envelope than what is given by the model. The flux seen by the interferometer at the longer baselines can be accounted for by raising X_0 to 4.5×10^{-5} , at the same time that the size of the region needs to be lowered to 1.1×10^{15} cm in order to reproduce the total flux seen at the shorter baselines. This model is shown in Fig. 12 as the dashed-dotted line and account very well for the flux at all baselines. It should be noted that this model provides a somewhat worse fit to the single-dish data, with a reduced $\chi^2_{\rm red}$ of 4.5. In particular the high-Jlines come out too strong in the model by about 50% on

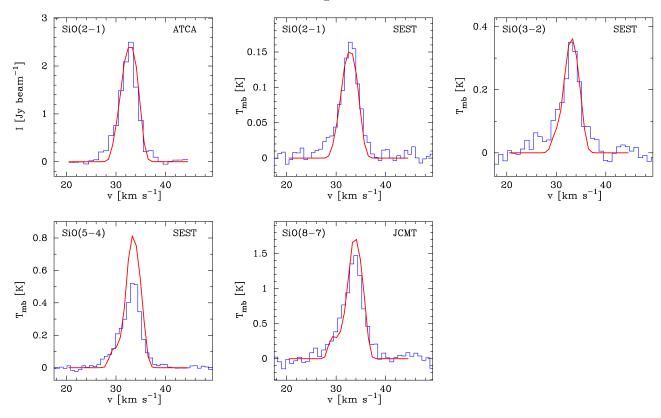


Fig. 13. Best fit model (solid line) overlayed on observations (histograms) in the form of single-dish SEST (González Delgado et al. 2003) and JCMT data (unpublished data) as well as the spectrum at the centre pixel in the cleaned ATCA map for L^2 Pup. The velocity scale is given in the LSR frame. The calibration uncertainty in the single-dish data is about $\pm 20\%$.

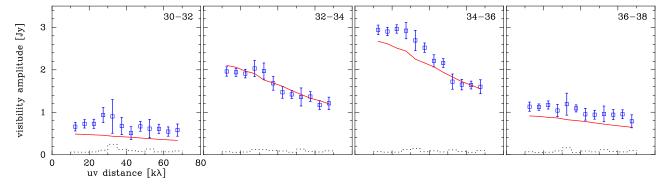


Fig. 14. Averaged visibility amplitudes, in 5 k λ bins, across various parts of the line profile (as indicated in the upper right hand corner in km s⁻¹ given in the LSR frame) for L² Pup. The error bars indicate the 2σ statistical error and does not contain the calibration uncertainty of about 15%. The solid line represents the best fit model using a constant expansion velocity. The dotted histogram indicates the zero-expectation level, i.e., when no source emission is present.

average. In the light of the results obtained for R Dor, the combination of a high abundance compact component and a lower abundance more extended component ($X_0 = 6 \times 10^{-5}$; $r_{\rm c} = 8 \times 10^{14}$ cm; $X_{\rm D} = 2 \times 10^{-6}$; $r_{\rm e} = 2.1 \times 10^{15}$ cm) produces an equally good fit to the interferometer data (Fig. 12; solid line) and at the same time provides a much better fit to the available single-dish data ($\chi^2_{\rm red} = 1.5$), Fig. 13. We note that our model can not reproduce the observed $J = 5 \rightarrow 4$ line at the SEST which comes out with an integrated intensity of about

30% higher than observed. The absolute calibration at the SEST is expected to be better than approximately $\pm 20\%$.

In Fig. 14 the model predictions are compared with the observations in four velocity intervals. The model can account well for the trend that the gradient in flux with baseline decreases towards the line wings. Note that the absolute scale of the flux in the model is somewhat lower in the wings. This is due to the fact that the model does not reproduce the line wings perfectly. Although, the source

size estimated from the line wings is very well represented by the model. As for R Dor there is no evidence of any large gradients in the velocity field. Note that also for L² Pup the SiO $v=0, J=2 \rightarrow 1$ is optically thick and hence can not be expected to contain detailed information of the velocity law on smaller scales.

5. Discussion

5.1. SiO abundance distribution

Our modelling of the interferometer SiO data clearly show the need of an abundance distribution with a high abundance $(X_0 \approx 4 \times 10^{-5})$, compact $(\approx 1 \times 10^{15} \text{ cm})$ component in order to reproduce the visibilities obtained with ATCA for both L² Pup and R Dor. In addition, there is evidence of a low abundance $(X_D \approx 2 - 3 \times 10^{-6})$, more extended $(\approx 2 - 3 \times 10^{15} \text{ cm})$ component.

This scenario is very similar to the interpretation of interferometric SiS observations of the carbon star IRC+10216 made by Bieging & Tafalla (1993), where the abundance of SiS is seen to drastically drop by two orders of magnitudes at a radial distance of about 2×10^{15} cm.

The values of the initial SiO abundance derived here is very close to that expected from stellar atmosphere chemistry in thermal equilibrium, $\approx 3-4\times 10^{-5}$ (Willacy & Millar 1997; Duari et al. 1999). Assuming solar abundances a maximum SiO fractional abundance of 7×10^{-5} is obtained (González Delgado et al. 2003). Duari et al. (1999) further showed that non-equilibrium chemistry, where the chemistry is controlled by shocks, only has a very limited effect on the abundance of SiO in the inner part of the wind. Thus, it is expected from theory that the photospheric abundance of SiO remain relatively unaffected until the combined effect of adsorption and photodissociation sets in. Our data support such a scenario. This will be discussed further in Sect. 5.2.

As an alternative explanation to the low abundances of circumstellar SiO that were estimated by Lambert & vanden Bout (1978) and Morris & Alcock (1977), Scalo & Slavsky (1980) suggested that photodissociation by chromospheric radiation may be important. This is clearly not the case for the two sources studied here but a statistical sample needs to be investigated in order to rule out such a scenario. Unfortunately, not much is known about the chromospheres of AGB stars.

5.2. Grain formation

The presence of a high initial SiO abundance followed by a drastic decrease indicates that adsorption onto dust grains could play an important role in removing SiO from the gas phase. González Delgado et al. (2003) presented a relatively simple model to estimate how effectively SiO molecules freeze-out onto dust grains. Using this we find condensation radii of $\approx 5 \times 10^{14}$ cm for both stars (essentially determined by where the dynamical time scale equals the evaporation time). The degree of adsorption

critically depends on the amount of dust available. For the dust parameters hinted at from the CO modelling and contained in the h-parameter we expect the SiO abundance to drop by about a factor of ~ 3 beyond this radius (for both stars). Likewise, we can use the simple photodissociation model outlined in González Delgado et al. (2003) to derive SiO photodissociation radii of about 10¹⁵ and 3×10^{15} cm for L² Pup and R Dor, respectively. Thus, within the considerable uncertainties, we expect the SiO line emission to be strongly dominated by the compact high abundance region in L² Pup. In the case of R Dor the low abundance region between the condensation and photodissociation radii will also contribute. Our observational results are certainly consistent with this, even though the estimated abundance drop beyond the condensation radius is larger than predicted by the model. Given the simplicity of the treatment of the adsorption process and the uncertainty in the adopted dust parameters, we find this acceptable. More elaborate chemical models than the ones presented by González Delgado et al. (2003) are needed to take the combined effect of adsorption and photodissociation properly into account.

In addition, as indicated in Sect. 5.1 the role of chromospheric radiation as a means of dissociating SiO in these stars needs to be investigated. Scalo & Slavsky (1980) suggested that SiS might be the best probe of the degree of adsorption of Si bearing molecules since it can be readily formed though reactions with H and $\rm H_2$ in the inner wind. In contrast there is no easy means of forming SiO. However, this was based on the assumption that all Si-molecules were destroyed by chromospheric radiation. Nevertheless, observations of SiS is an important complement to the SiO observations, and it has been detected in O-rich envelopes (Lindqvist et al. 1988; Olofsson et al. 1998).

5.3. Wind dynamics

The success of the modelling using a constant velocity (and a higher micro-turbulent velocity width) strongly suggests that the wind has reached its terminal velocity already within $\sim 20-30$ stellar radii. This is further supported by the fact that the SiO and CO line data can be modelled using the same expansion velocity (within 5-10%). The marked difference in shapes between the SiO and the CO lines is attributed to strong self absorption of emission in the part of the wind moving towards the observer in the case of SiO. Thus, we support the conclusion by Sahai & Bieging (1993) rather than that of Lucas et al. (1992) where an extended region of acceleration was advocated, but also note that we have so far studied only two low mass loss rate objects.

It has been suggested from hydrodynamical calculations (Winters et al. 2000b, 2002, 2003) that in very low mass loss rate ($\dot{M} \lesssim 5 \times 10^{-7}~\rm M_{\odot}\,\rm yr^{-1}$), low expansion velocity ($\lesssim 5~\rm km\,s^{-1}$) objects, such as R Dor and L² Pup, the main driving mechanism behind these tenuous winds

Table 2. Predicted SiO line intensities (integrated over the line and in main-beam brightness scale using a 12 m telescope) towards R Dor for selected rotational transitions.

Transition	-			$\begin{array}{c} \rm Model~2^b \\ \rm [Kkms^{-1}] \end{array}$	
$5 \rightarrow 4$	217.1	29	20	19	24
$8 \rightarrow 7$	347.3	18	28	33	39
$11 \rightarrow 10$	477.5	13	30	46	55
$16 \rightarrow 15$	694.1	9	28	58	63
$20 \rightarrow 19$	867.5	7	27	65	63
$30 \rightarrow 29$	1300.5	5	15	52	64

 $^{^{\}rm a}$ Best fit model from González Delgado et al. (2003) ($X_0=5\times 10^{-6};\,r_{\rm e}=3.3\times 10^{15}$ cm).

is stellar pulsation, and the wind acceleration is low. This is in contrast to winds which reach higher mass loss rates and expansion velocities where dust plays a primary role, and where the wind acceleration is very efficient. From the present data we can not distinguish between these competing scenarios mainly due to the SiO emission being optically thick, and therefore most of the emission emanates from a region where the wind is close to the terminal velocity. Observations of optically thin SiS lines could possibly be useful to probe the velocity field. However, the SiS line emission is expected to be more than an order of magnitude weaker than that of SiO.

5.4. Predictions for high-J SiO lines

Presented here in Table 2 are estimated line intensities for selected transitions of SiO based on our models for R Dor using a 12 m telescope. The differences between the one-component model derived by González Delgado et al. (2003), and the new models required to fit the interferometer data presented here, increase as higher frequency transitions are considered. This shows the potential of single-dish telescopes such as CSO, JCMT and the upcoming APEX 3 and ASTE telescopes to study the properties of stellar winds close to the central star.

APEX and ASTE are of particular interest since they will eventually open up the THz region for observations.

They will also be the only telescopes at the southern hemisphere being able to observe at sub-milimetre wavelengths.

6. Conclusions

High resolution, interferometric, millimetre observations at $\approx 1''$ resolution of SiO $v=0, J=2 \rightarrow 1$ line emission towards the two O-rich AGB stars L² Pup and R Dor have been performed. The emission is resolved, very centrally peaked, and suggests an overall spherical symmetry, even though there is an indication of a departure from spherical symmetry in the case of R Dor at the arcsecond scale. A detailed excitation analysis was performed suggesting that the SiO abundance is very high ($\approx 4 \times 10^{-5}$) in the inner part ($\lesssim 1 \times 10^{15}$ cm) of the circumstellar envelopes around both stars, consistent with predictions from LTE stellar atmosphere chemistry. For R Dor the interferometer data further suggests that there is an additional, more extended, component with a significantly lower SiO abundance. We interpret this as the result of effective adsorption of SiO onto dust grains. Such a conclusion is less clear in the case of L^2 Pup.

A comparison of model and observed line profiles further suggests that micro-turbulent motions are of the order of $1 - 1.5 \text{ km s}^{-1}$. This is a significant fraction of the wind velocity in these slowly expanding winds (≤ 5 km s⁻¹), and it produces strong self absorption of the blueshifted emission giving the SiO line profiles their characteristic shape. Additionally, the interferometer data provide constraints on the size of the region in which the wind is being accelerated. It is found that a constant velocity over the SiO emitting region can successfully account for the visibility amplitudes obtained at different velocity intervals. Furthermore, it is possible to model the line shapes of both SiO and CO emission using the same expansion velocity (within 5-10%) for both our sources. This constrains the acceleration region to within $\lesssim 20-30$ stellar radii.

We conclude that SiO line emission plays a very important role in the study of circumstellar envelopes, both with respect to its dynamics and the gas and grain chemistry. However, it should be remembered that both sources studied here have very low mass loss rates and expansion velocities and that a more representative sample of O-rich sources needs to be studied in order to solidify the conclusion reached here. This could also be used to investigate the role of chromospheric radiation in photodissociation of SiO molecules. Such an effort is currently underway, and it justifies the development of a more elaborate model to describe the abundance distribution of SiO.

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^b High abundance compact component $(X_0 = 5.5 \times 10^{-5}; r_e = 1.0 \times 10^{15} \text{ cm}).$

[°] Best fit model ($X_0 = 4 \times 10^{-5}$; $r_c = 1.2 \times 10^{15}$ cm; $X_D = 3 \times 10^{-6}$; $r_e = 3.3 \times 10^{15}$ cm).

³ The Atacama Pathfinder EXperiment (APEX), is a collaboration between Max Planck Institut für Radioastronomie (in collaboration with Astronomisches Institut Ruhr Universität Bochum), Onsala Space Observatory and the European Southern Observatory (ESO) to construct and operate a modified ALMA prototype antenna as a single dish on the high altitude site of Llano Chajnantor.

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